

Companion Video to:

# Infinity Walk

Book I: The Physical Self

Psychology/Health



**Dr. Deborah Sunbeck** is a New York State licensed psychologist with 20 years of multi-disciplinary expertise in child and adult psychotherapy, neuropsychology research, personality and social psychology, behavioral medicine, and body therapies. She is the creator of the Infinity Walk. Dr. Sunbeck speaks and teaches worldwide.



**Before and After  
Infinity Walk Training.**  
Right eye and shoulder tension  
released, balance restored.

*“This book provides extraordinary insight on neuropsychological foundations. I endorse it among medical, teaching, and helping professionals.”*

—Dr. Mark Steinberg, Neuropsychologist  
San Jose, Calif.

*“I’m intrigued by your ideas . . . learning disabilities are epidemic and you seem to have some elegant solutions.”*

—Lynn Schroeder  
Author of *Superlearning 2000*

*“Dr. Sunbeck’s video is fascinating. This should interest practicing pediatricians as well as the faculty and staff of pediatric training programs.”*

—Thomas M. Rossi, M.D.  
University of Rochester School of Medicine



[www.infinitywalk.com](http://www.infinitywalk.com)

VHS Color/25 minutes